

Strength in TOGETHERNESS
ANNUAL REPORT 2020-2021

TOGETHERNESS TOGETHERNESS TOGETHERNESS

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IN THE RICHTRADITION OF CATHOLIC SOCIAL TEACHING AND ROOTED IN THE HERITAGE OF THE SISTERS OF THE HOLY FAMILY OF NAZARETH WE EMPOWER CHILDREN AND FAMILIES TO LEAD RESPONSIBLE LIVES AND DEVELOP HEALTHY AND MEANINGFUL RELATIONSHIPS BUILT ON FAITH, HOPE AND LOVE.



Dear Friends,

Isn't it hard to believe, one year later, that the pandemic is not yet over? The impact of COVID-19 has been difficult for even adults to comprehend, much less children and youth. Even though the pandemic continues to disrupt education, recreation, and our time with friends, family, and teachers, Holy Family Institute continues to address the challenges that children and families are facing in the current phase of the pandemic. Our team members continue to offer faith and hope in the face of fear, grief, anger, and sadness.

Thanks to generous supporters like you, our programs continue serve thousands of children and families in Southwestern Pennsylvania annually. Holy Family Institute has changed the life trajectory of more than 35,000 children and families this year. These numbers represent real, meaningful change in our community — change that only became possible when friends and donors stepped up in ways we didn't expect.

We remain focused on our vision to provide healing, hope, and support so that all children can reach their full potential. In this report, you'll meet some of the youth and families you helped this year. Here are some of the highlights:

- An Armstrong County family recounts the journey they have shared toward sobriety, stability, and strength;
- Lifelong servants bid farewell to Holy Family Institute after years making change together; and
- Holy Family Institute looks boldly toward the future through our Pathways of Promise campus expansion.

We are proud of the many ways our staff have loved our community and served our clients during these challenging times. As we await the coming year, may God continue to direct and bless our efforts — and bless each one of you.

Yours in faith and service.

Sister Linda Yankoski, CSFN, EdD

Holy Family Institute CEO

Staci Brogan

Holy Family Institute Board Chair

Staci & Busgan

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"The Life They Always WANTED": Finding Strength in Family

In April 2019, Liana found herself struggling with severe substance use disorder and on the run from the law in two different counties. "I was worried about nothing but getting high," she said, "I couldn't hold down a job, couldn't be a mom; my whole life was a mess."

Her two sons, Austin (17) and Brytin (15), were removed from her custody shortly after that. "I wanted to get better," she said, "I just didn't know how." Eventually, Liana's warrants caught up to her and she was arrested. While incarcerated, the judge required her to participate in drug rehabilitation treatment. "I was just going to go to rehab so the judge would shut up," said Liana, "but then when I got to rehab, it was like, I'm doing really good, and this is what I want."

After Liana was released from prison in May 2020, HFI's Armstrong County office received her family's referral from Children, Youth, and Family Services (CYF), and In-Home Counselor Bob Flory entered the family's life. At this point, Austin and Brytin were living separately—one in a foster home and one in a group home—and Liana was prepared to do everything she could to get them back.

The In-Home Program works with parents whose children have been removed from the home or who are at risk of having their children removed. It addresses a variety of issues and tailors each family's goals to their specific needs. For Liana, the list of goals started with supervised visitation with her children and became a long checklist of actions she needed to take to get them

"IWAS JUST GOINGTO GOTO REHAB SOTHE JUDGE WOULD SHUT UP, BUTTHEN WHEN I GOT TO REHAB, IT WAS LIKE, I'M DOING REALLY GOOD, AND THIS IS WHAT I WANT."



"AS SOON AS THERE WAS A LEVEL OF CONSISTENCY AND STABILITY, THEY IMPROVED REALLY QUICKLY—THEY BLOSSOMED ONCE MOM GOT EVERYTHING TOGETHER."

back permanently: meet all probation requirements, find a job, secure a larger and more stable place to live, and learn how to really "be a mom."

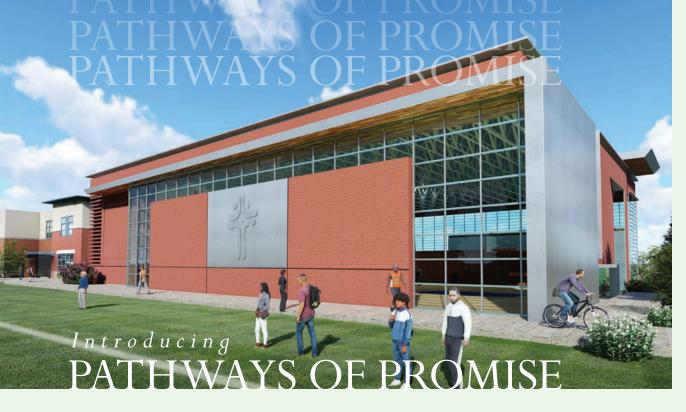
At the same time, Austin and Brytin were participating in an Independent Living program with Bob and learning basic life skills—skills that Liana admitted she and their father never taught them because they were always on the run. "We didn't think things were going to go the way they did," said Bob, referring to Liana's situation, "so we had a contingency plan for the boys. But ultimately, their mom stepped up and hit a home run with everything."

The next real turning point for Liana's family came in the form of a very unexpected blessing: COVID-19. During one of their weekend visits, her sons started to feel sick, so Liana had them tested. After getting positive results, the judge allowed them to stay with her for their quarantine. And then they never left.

"The blessing of the pandemic was that the boys were sort of stuck there with her," said Bob. "It turned into basically a permanent thing. As soon as there was a level of consistency and stability, they improved really quickly—they blossomed once mom got everything together."

Liana and her family completed the In-Home program with HFI and were discharged in Summer 2021. The changes they have made in their lives are incredible and impressive, and these days, they're getting to enjoy just "living normally," as Liana put it. "They're living the life they always wanted to live," said Bob. "This is new for them and you can tell they love it. They each have their own rooms, they're all smiling. It's so different from how they were when I first met them."

Liana and her family credit Bob with being a huge part of their success. "We love him. It was like never seeing your uncle again when we finished the program," said Liana, "Everything I put him through, that the boys put him through...Through everything, he was always strong and just there for us. He's amazing. He's dedicated. I always heard horror stories about when [CYF] takes your kids. Until I met Bob and was involved in the process and seeing what they really do for people, it just changed my whole outlook on everything. I will be the first to tell you that they took my kids because it needed to happen. But it changed my life completely."



Since 1900, children and families in Western Pennsylvania have depended on the work of Holy Family Institute (HFI) and the Sisters of the Holy Family of Nazareth. HFI has been able to grow and thrive over the years by recognizing the needs of the community and by developing services that meet these needs and support growth in the individuals we serve.

One of HFI's most significant investments in community growth, Nazareth Prep is an innovative and independent Catholic high school for families who could not otherwise afford a private education. The school serves students of all faiths and backgrounds, with a focus on academic excellence and professional skill-building, and prepares graduates to reach their full potential. Nazareth Prep's hands-on curriculum integrates seamlessly with a mandatory three-year professional internship program, in which students develop real-world skills at over 80 local companies.

As Nazareth Prep continues to enhance its academic curriculum, athletics, internships, and extracurriculars, it has quickly outgrown its facilities on our shared 10-acre campus in Emsworth, PA. After identifying expansion opportunities, HFI has launched the Pathways of Promise Capital Campaign, a three-phase approach that will create a safer, more accessible campus and give students access to the same resources one would expect to find at any excellent private school. The total cost to execute these plans is \$21.3 million.

During the first phase, HFI's original main administrative building — which was built in 1905 — underwent significant repairs and renovations, including eight new classrooms for Nazareth Prep, a culinary teaching kitchen, and expanded cafeteria and food service space. The second phase and most significant investment will see the construction of a new Science and Activities Center, a 35,000 square foot building adjacent to the existing high



school building. This facility will include locker rooms, storage space, science classrooms, and a multi-use area for performances, events, and athletics. The multi-use performance space will host a modular stage, flexible seating for 600, and a regulation-sized gymnasium — all amenities currently not available to our students. The final phase of the plan includes campus safety improvements like new vehicular patterns, expanded parking, designated student drop off areas for cars and buses, sidewalks, and pedestrian rights-of-way.

Morgan O'Brien, Campaign Cabinet Chair and Holy Family Foundation Board Chair, is excited to participate in a campaign to build more equitable infrastructure for bright, hardworking students from all walks of life. According to O'Brien, "We must provide the curriculum and facilities needed to prepare our students and support their talents and interests." The other 17 cabinet members, who will guide HFI's

fundraising efforts, share his excitement. They understand that this campaign will transform lives at Nazareth Prep by granting students equitable access to resources and preparing them for success beyond the graduation stage—in body, mind, and spirit.

The Pathways of Promise Capital Campaign will benefit hundreds of students, clients, and families each year. More information on the project and campaign can be found at www.hfipgh.org/pathways-of-promise-campaign/.



HOLY FAMILY INSTITUTE 2020-2021



TOGETHER TOGETHER

Growing TOGETHER, Growing Apart: Celebrating Retirement

"In retirement, you become the person you were meant to be." These words were spoken by long-time HFI employee and recent retiree Bart Solarczyk at an event honoring several mainstays who retired during the pandemic. Bart, who worked for 43 years at HFI and has one of the longest tenures of any employee, was joined by Elizabeth Stephenson with 39 years of service, David DiMichele with 33 years, and Amy DiMichele with 13 years—a combined total of 128 years of unwavering dedication.

Liz, who started her career at HFI as an intern, served as the Residential Program Director for several years before the program closed in 2015. She supervised Holy Family Specialized Learning School, the Journey of Hope program, and behavioral health programs. She is happily spending more time with family, and hopes to pursue a number of hobbies.

Bart held many different positions in the Residential Program, but was most proud of helping HFI rebuild after a devastating fire that destroyed the top two floors of the main campus building. Drawing a comparison to the myth of the phoenix, Bart remembered the program emerging from the tragedy stronger than ever. During retirement, Bart has dedicated more time to his passion for poetry.

David joined HFI in 1987, after Amy found an advertisement for a childcare worker position in the newspaper. But his true passion was spiritual development, so when Sister Linda asked him to lead a religious program for residential youth, David was thrilled. Under his leadership, the program grew to include dozens of local churches, well-attended holiday celebrations, and a summer Bible School.

Amy joined David in the residential program in 2007 to teach art to the youth. Her extraordinary art projects can be found all over the HFI campus, and her work provided children with a therapeutic outlet for expression. When the Residential Program closed in 2015, both David and Amy began began teaching at Nazareth Prep.

Just as the Residential Program is an integral part of HFI's history, so too are the contributions made by Liz, Bart, David, and Amy. All the retirees expressed that they feel blessed to have spent their careers helping vulnerable children. Their dedication, tenacity, and leadership are unmatched, and we wish them happiness and fulfillment in the next chapter of their lives.



One of the many murals with which Amy brightened the Nazareth Prep campus.



FATHER TOM SCHAEFER JULY 7, 1951 – JULY 3, 2021

Last year, the HFI family mourned the passing of our friend and colleague Father Thomas G. Schaefer, PhD. Father Tom, a graduate of St. Mary Seminary University and Duquesne University, entered the Congregation of the Holy Ghost (Spiritan) Fathers in 1982, and later served as Pastor of St. Stanislaus Church and Dean in the Office of Domestic Admissions and International Affairs at Duquesne University. After leaving the Spiritan Fathers in 2001, he was received as a priest in the Byzantine Catholic Archeparchy of Pittsburgh and began many years of ministry at La Roche University. The nephew of two Sisters of the Holy Family of Nazareth, Father Tom's passion for education led him to serve on the Nazareth Prep Board of Trustees, and to chair the board from 2016-2020. He remained a member of the Holy Family Institute Board of Directors until his passing. We will always be grateful for his enthusiastic service, his warm hospitality, and his gracious support of our mission.

COMMUNITY IMPACT AT A GLANCE

PROGRAM NAME	INDIVIDUALS SERVED THIS FISCAL YEAR	FAMILIES SERVED THIS FISCAL YEAR
Allegheny County In-Home Family Services		152
Allegheny County Visit Coaching		76
Armstrong Community Programs		152
Family Focused Solutions-Based Services		124
Home-Based Family Recovery		71
Journey of Hope	335	
Nazareth Prep	176	
Outpatient Mental Health Services	363	I By
Parents and Children Together		43
Student Assistance Program	484	
Shores Drug and Alcohol Counseling	339	
Stop Now And Plan	23	
Holy Family Specialized Learning	65	
Universal Services		25,030
TOTAL INDIVIDUALS AND FAMILIES SERVED	1,785	25,648
		The state of the s

FINANCIALS June 30, 2021



		Total	¢07 000 016
1.11%	•	Other	\$302,824
20.29%		Grants and Contributions	\$5,534,782
23.64%		Third Party Reimbursement	\$6,450,909
54.96%		Government	\$14,994,801



EXPENSES

_	iotal .	\$24.842.766
14.86% • N	Nazareth Prep	\$3,691,013
72.68% 🌘 H	Holy Family Institute	\$18,054,631
12.47% – A	Administration	\$3,097,122



35.23%		Accounts Receivable Cash & Cash Equivalents	\$3,855,745 \$6,244,403
42.06%		Property & Equipment (net)	\$7,454,859
0.97%	•	Prepaid Expense & Other	\$171,062



LIABILITIES

		Total	\$6 300 146
0.24%		Refundable Deposits	\$15,404
11.25%	•	Accounts Payable	\$719,204
32.11%		Accrued Expenses	\$2,051,750
56.40%		Loans	\$3,603,788



HOLY FAMILY FOUNDATION NET ASSETS

		Total	\$13,150,597
49.57%	•	With Donor Restrictions	\$6,519,329
50.43%		Without Donor Restrictions	\$5,060,667

SPONSORS & FRIENDS

GOVERNANCE 2020–21

GRANTMAKING **ORGANIZATIONS**

Allegheny Foundation City of God Foundation

Grable Foundation

Nazareth Family Foundation

The Heinz Endowments

The Pittsburgh Foundation

Partner4Work

Richard King Mellon Foundation

Spenser's Voice Foundation

FEDERAL GOVERNMENT

Administration for Children and Families, Office of Refugee Resettlement

COMMONWEALTH OF PENNSYLVANIA

Department of Community and Economic Development

Department of Drug and Alcohol Programs

Department of Education

Commission on Crime and Delinquency

Pennsylvania Emergency Management Agency

ALLEGHENY COUNTY

Department of Human Services, Office of Behavioral Health

Department of Human Services, Bureau of Drug and Alcohol Programs

Department of Human Services, Office of Children, Youth, and Families

Department of Human Services, **Juvenile Probation Office**

EITC/OSTC

Bravo Foundation CentiMark Corporation

Chubb Insurance

Comcast Corporation

Dollar Bank

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First Commonwealth Bank

First National Bank of Pennsylvania

GMS Surgent

Huntington Bank Hefren Tillotson, Inc.

McCarl's Services, Inc.

PNC Financial Services Group

The Buncher Company

Trumbull Corporation

UHS of Delaware

UPMC Health Plan

34TH ANNUAL **GOLF CLASSIC**

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Encompass Health Rehabilitation

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Highmark Blue Cross Blue Shield

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MetLife

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Sisters of the Holy Family

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TJS Insurance Group

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Youthtowne Farm

Massaro Construction Group

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MSA, The Safety Company

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Pittsburgh Penguins

Pittsburgh Technology Council

PI Dick - Trumbull - Lindy Paving

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WELCOMING New Leaders



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Sister Linda Yankoski, CEO, is pleased to announce that Michael Sexauer was promoted on July 1st to serve as President of Holy Family Institute, following his role as Chief Operating Officer.

Sexauer brings more than 30 years of marketing, fundraising, and non-profit management experience, and held positions with other prominent Pittsburgh institutions, including PNC, Pittsburgh Post-Gazette, Pittsburgh Symphony Orchestra, Phipps Conservatory and Botanical Gardens, and Pittsburgh Parks Conservancy before joining HFI in 2015.

"I am privileged to join in the legacy of Holy Family's mission to support families, promote racial equity, and empower students to succeed," said Sexauer. "I am inspired by our staff who visit families in their homes, provide counseling for those struggling with addiction, welcome migrant children from Central America and Afghanistan, and provide rigorous and personalized education for students. I look forward to a partnership with Sister Linda, the Sisters of the Holy Family of Nazareth, and the Board of Directors to continue to meet the needs of our community through high-quality and fiscally-sound programs."

- MICHAEL SEXAUER, PRESIDENT, HOLY FAMILY INSTITUTE



Anita Kinsley, MA, Executive Vice President of Social Services

Anita Kinsley brought her experience in behavioral healthcare and developmental disabilities to HFI in Spring 2021. She brings experience in case management, behavioral healthcare, and services to clients with developmental disabilities. Kinsley has launched community mental health and substance use initiatives, served women affected by the Pennhurst State School and Hospital closure, and devoted 20 years to various racial equity and social justice causes.



Raymond Betz, MBA, Chief Human Resources Officer

Ray Betz joined HFI in June 2021. He earned a bachelor's degree in Chemistry from Slippery Rock University, and a Master's in Business Administration (MBA) from the University of Pittsburgh. During his 35-year career, Ray has held diverse human resources and business leadership roles in locations across the United States, including for BASF Corporation and Alcoa/Arconic.



Susan Neszpaul, MPM, Executive Vice President of Philanthropy

Susan Neszpaul joined HFI in August 2021. She has extensive experience as a non-profit professional, having previously served in leadership roles in development at the Frick Art & Historical Center and Western Pennsylvania Conservancy. Neszpaul earned a Master's in Public Management from Carnegie Mellon University, and a bachelor's degree in Communications from LaRoche University.

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